

For Bone Health

Optimizers Supplement Products



The Calcium Warehouse

The body contains nearly three pounds of total calcium, 99 percent of which is in the bones. When the body does not get enough calcium from the daily diet, it will take some from the bones, weakening the skeletal structure over time.

The **Active Calcium™** supplement supplies nutrients that work together to promote strong, healthy bones. It also supports healthy muscle function and strength.

Who to Share With

- Women, throughout their adult lives
- People whose diets are deficient in calcium and other bone-building nutrients
- People whose bone or muscle health is a priority

Why USANA's Active Calcium

- Active Calcium provides balanced levels of calcium, magnesium, and vitamin D in bioavailable forms
- It contains silicon, which is key to calcium mineralisation of the bone matrix
- It is effective, safe, and manufactured to pharmaceutical quality

How to Use

Take four (4) tablets a day, preferably with meals.



Supplement Facts

Serving Size 4 Tablets

	Amount Per Serving	%DV*
CALCIUM (AS CITRATE AND CARBONATE)	800mg	80%
MAGNESIUM (AS CITRATE, AMINO ACID CHELATE AND OXIDE)	400mg	100%
VITAMIN D3 (AS CHOLECALCIFEROL)	400IU	100%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.